Free // Week 4

Gal 5:16-26

Questions for Study:

- Galatians 5:16-17 makes it clear that there is a war inside of you between your sinful human nature (the desires of the flesh) and the Holy Spirit. Have you seen this play out in your life in the last week? How so?
- Pastor Gabe pointed out in the sermon that there are these twin temptations for the Christian. The first is to cut off all desires through a long list of laws and regulations (we call this 'legalism.'). The other temptation is to whole-heartedly give in to your desires and follow them. Which camp do you tend to fall into? Why?
- Galatians 5:19-21 gives us a long list of sins. Often, we like to point out a few of these, and ignore the rest. But what does this list say about you and others?
- Pastor Gabe noted that the author Paul talks about *fruit* of the Spirit, not *fruits* of the Spirit. This means they come as a package deal. What area in that list in verse 22 and 23 are you doing good with? What areas are you not doing so good in?
- The solution to this war with our sinful nature is to look to Jesus, see you belong to him, and see your sinful desires as crucified with Jesus (Gal 5:24). As people who know this, the author Paul urges Christians to walk in step with the Spirit. What does that look like for you, in your life?