

ULC Sermon Study Resource
Ancient/Future // Held Fast/Hold Fast
Pastor Marcus
1/14/24

Prayer: Begin the study with a prayer, asking for God's presence and guidance as participants delve into His Word.

Icebreaker: is there an object from your childhood or now that you used to cling to like Paster Marus's daughter's Auggie?

Reading: Hebrews 4:9-16

Section I: What Do You Hold Onto? (Hebrews 4:9-11)

- How does the concept of entering God's rest relate to the idea of holding onto something unchanging in the midst of life's changes?
- In what ways can the Sabbath rest mentioned in Hebrews 4:9-11 be a symbol of what we hold onto in Christ during turbulent times?
- According to Hebrews 4:10, entering God's rest involves ceasing from our works. Share a situation where you had to trust in God's work rather than relying solely on your efforts.
- How does the promise of God's rest impact the way we navigate challenges, knowing that it is His work that sustains us?

Section II: Hold Fast to His Work (Hebrews 4:9-11)

- Hebrews 4:11 emphasizes the warning not to fall into the same disobedience as the Israelites. How does remaining faithful to God's calling contribute to holding fast in light of this warning?
- How can trusting in God's promises, as exemplified by the Israelites' failure, be seen as an act of holding fast to His work?

Section III: He's Holding Fast to You (Hebrews 4:14-16)

- In what ways does the role of Jesus as our great high priest, mentioned in Hebrews 4:14-15, provide a foundation for holding fast in our faith?
- How does the understanding of Jesus' intercession impact the way we approach God in times of need?
- Reflect on Hebrews 4:16, which encourages us to approach the throne of grace with confidence. How does this assurance impact our ability to hold fast to God?

Reflection/Application Questions

- How does holding onto God amidst life's changes compare to other things we may cling to for security?
- Reflect on the statement, "God gives what He requires." How does this impact your approach to challenges?

Suggestion for Further Study:

- Psalm 119:105 What does it mean that God's word is a lamp to my feet and a light to my path?
- Romans 8:31-39: Explore how God's love and promises provide security in challenging times.

Closing Prayer:

Dear lord help us to hold fast to you and help us to know that you are holding fast to us. Amen.